

Use a free time blocking app

BIWEEKLY PLANNER (1-hour intervals)

Week

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY

1st WEEK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY

TO-DO LIST

Item #1

Item #2

Item #3

Item #4

Item #5

Item #6

Item #7

Item #8

Item #9

Item #10

ADDITIONAL NOTES AND COMMENT: